## LUNCH

## MEDITERRANEAN -



Variety Pinwheels (3pp)

- Turkey \& Havarti- Roasted Garlic Aioli, Roasted Turkey Breast, Havarti Cheese
- Italian - Roasted Peppers Spread, Salami, Pepperoni, Provolone
- Grilled Veggie - Grilled Marinated Vegetables, Roasted Red Pepper Hummus, Provolone

Seasonal Superfood Salad
Purple Kale, Quinoa, Garbanzo, Sunflower Seeds, Nuts, Berries, Grapes, Tossed in Seasonal Vinaigrette
House Chips with Caramelized Onion Ranch Dip

NEW YORK -<br>**ASK about our Seasonal Sandwiches**<br>2 Meat \& 1 Vegetarian Option Provided

NW Seasonal Greens
Candied Pecans, Tomatoes, Red Onions, and Cucumbers
Served with Balsamic Vinaigrette \& Blue Cheese Dressings ((vegan,gluten-free)

Seasonal Soup

## SHWARMA BAR-

Diced Shwarma Inspired Chicken (gluten free)
Falafal
((vegan, gluten free)

## Tomato Cucumber Mint Salad - Tumeric Rice Greek Salad - Pita Wrap Bread

Sliced Tomatoes - Shredded Lettuce - Plckled Turnips
Red Cabbage - Roasted Garlic Hummus Garlic Emulsion - Tahini Sauce

Spicy Refried Beans - Spanish Rice - SW Ceasar Salad
Flour \& Corn Tortillas - Tortilla Chips
Diced Tomatoes - Pico De Gallo - Salsa
Shredded Lettuce - Shredded Cheese - Diced Jalapenos Sour Cream \& Guacamole

## UPGRADE: Fajita Bar

Grilled \& Sliced Carne Asada- Served over Sauteed Peppers \& Onions (gluten free)
Grilled \& Sliced Chicken Breast- Served over Sauteed Peppers \& Onions (gluten free)
Mexican Vegan "Chicken" - Served over Sauteed Peppers \& Onions
(vegan)

## oosem Retar Catering

## LUNCH

## THE KOI

Beef \& Broccoli
(gluten free)
Chicken Stir-Fry
(gluten free)
Lemongrass Tofu
(vegan - gluten free)

## ITALY

Chicken Capri Penne
White Wine Garlic Butter Sauce with Artichoke Hearts,
Sundried Tomatoes, Capers, and Grilled Chicken

## Beef Bolognese

Hearty Beef Red sauce with, red wine, onions, carrots, celery, and herbs


Pesto-Alfredo Tortellini
Tortellini Pasta Tossed in Creamy Pesto-Alfredo Sauce (vegetarian)

## S O U THERN

## 1 ENTREE --- 2 ENTREES

Caesar Salad
Chopped Romain, Grape Tomatoes, Parmesan, House Croutons, Served with Caesar Salad Dressing (vegetarian)

## Grilled Marinated Vegetables

Eggplant, Squash, Peppers, Mushrooms, Asparagus, Red Onions Grilled over an open flame and then chilled Topped with Grape Tomatoes and Kalamata Olives (vegan, gluten-free)

Buttermilk Fried Chicken

Served with Chipotle Aioli and Tangy BBQ Sauce
Veggie Creole
Celery, Bell Peppers, Onion, Jalapenos, \& Fried Tofu
Tossed in a Parsley Sauce
(vegan, gluten-free)


## LITTLE INDIA -

Butter Chicken
Butternut Squash \& Mushroom Curry
(vegan, gluten-free)

## QUEEN ANNE -

Gypsie Slider - 2pp
Beef Patty, Cucumber, Red Onions, Spinach, Feta, and
Garlic Mayo
Felafel Slider - 1pp
Felafel Patty with Matchstick Cucumbers,
Red Onions, Tomatoes, Feta, and House Tzatziki Sauce
(vegetarian)

## bUN



## ALK BEACH -

Seared NW Salmon
Grilled over Open Flame, Topped with Beurre Blanc NW Greens and Arugula, Dried Cherries, Mandorin Sauce and Seasonal Fruit Salsa (gluten-free)

Seasonal Polenta Cake<br>Topped with Crackling Herbs<br>(vegan, gluten-free)

## PIKE PLACE -



## Herb Roasted Chicken

Moist Chicken Breast Marinated with fresh
Rosemary, Thyme, and Garlic.
Topped with Chive Beurre Blanc Sauce
(gluten-free)
Seasonal Polenta Cake
Topped with Crackling Herbs
(vegan, gluten-free)

## NW Seasonal Greens

Candied Pecans, Tomatoes, Cucumbers and Red Onion Served with Famous Balsamic Vinaigrette \& Blue Cheese Dressings
(vegan, gluten-free)
Wild Rice Pilaf
(vegan, gluten-free)
Roasted Market Vegetables
(vegan, gluten-free)

## WATERFRONT -



New York Steak
Grilled over an Open Flame until Tender, finished with Demi-Glaze and Blue Cheese Crumbles
(gluten-free)
Seasonal Polenta Cake
Topped with Crackling Herbs
(vegan, gluten-free)

## NW Seasonal Greens

Candied Pecans, Tomatoes, Cucumbers and Red Onion Served with Famous Balsamic Vinaigrette \& Blue Cheese Dressings
(vegan, gluten-free)

## Roasted Potatoes

Lemon, Rosemary, Black Pepper until perfectly crispy (vegan, gluten-free)

Roasted Market Vegetables
(vegan, gluten-free)

## COMPLIMENTS TO ANY LUNCH

Assorted Cookies \& Brownies
Cupcakes
Chocolate \& Vanilla
Coordinate with ANY Celebration
Assorted Petite Sweets
LemonBars-Cheesecakes-ChocolateDippedStrawberries Brownie Bites-Seasonal Delights

Egg Rolls
Served with Chinese Mustard \& Sweet Chili Sauce (vegetarian)

Thai Rolls
Asian Vegetables, Cilantro, Mint Tossed in Sweet Chili Sauce and Served with Spicy Kalbi Dipping Sauce (vegan, gluten-free)

